

Symptoms	Cold	Influenza
Fever	Rare	Characteristic and high (102-104°F) lasting 3-4 Days
Headache	Rare	Prominent
General Aches and Pains	Slight	Usual and often Severe. Stomach symptoms, such as nausea, vomiting, and diarrhea can occur but are more common in children than adults.
Fatigue; Weakness	Quite Mild	Strong, lasting up to 2-3 Weeks
Physically Incapacitated	Never	Early and prominent
Stuffy Nose	Common	Sometimes
Sneezing	Usual	Sometimes
Sore Throat	Common	Sometimes
Chest Discomfort, Cough	Mild to moderate hacking Cough	Common and often severe
COMPLICATIONS	Sinus Congestion or Earache	Complications of flu can include bacterial pneumonia, Bronchitis, dehydration, and worsening of chronic medical conditions, such as congestive heart failure, asthma, or diabetes. Children may get sinus problems and ear infections. The flu can be life-threatening.
VACCINATION	None	Annual Vaccination; Amantadine (an anti-viral drug for type A Flu)
TREATMENT	Only temporary relief of symptoms through the use over-the-counter medicines, rest, fluids and vitamin supplements.	Amantadine within 24-48 Hours After Onset of Symptoms